

Duston Studio Timetable

Duston Sports Centre

Accurate as of 06/05/2024

Times for Saturday 27 April



| Time | Session | Facility | Instructor |
|---------------------|-------------|--------------|------------|
| 9:30 am - 10:30 am | Body Pump | Dance Studio | Ashli |
| 10:30 am - 11:30 am | Body Attack | Dance Studio | Ashli |