## Fitness Timetable The Gym Ipswich

## Accurate as of 27/04/2024

Times for Friday 28 June		<b>(</b>
Time	Session	Facility
09:30 - 10:15	Virtual Cycling	Gym
12:15 - 13:00	Virtual Cycling	Gym
17:15 - 18:00	Virtual Cycling	Gym