


# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 06/05/2024

Times for Friday 31 March			
Time	Session	Facility	
07:00 - 09:00	Adult Members and Adults only	Swimming Pool	
09:00 - 10:00	The SwimFit Programme	Swimming Pool	
15:00 - 16:00	Adults Only	Swimming Pool	