## **Garstang Swimming Timetable** Ymca (Garstang Swimming Centre)

Accurate as of 28/04/2024

| Times for Thursday 1 June |                               |               |
|---------------------------|-------------------------------|---------------|
| Time                      | Session                       | Facility      |
| 08:00 - 09:30             | Adult Members and Adults only | Swimming Pool |
| 10:00 - 10:45             | Aqua Aerobics                 | Swimming Pool |
| 10:00 - 11:00             | Fun Swim                      | Swimming Pool |
| 12:00 - 19:30             | Public Swimming               | Swimming Pool |
| 16:00 - 20:00             | Swimming Lessons              | Swimming Pool |
| 19:30 - 20:30             | Adult Members and Adults only | Swimming Pool |
| 20:00 - 20:30             | Junior Swim Fit               | Swimming Pool |
| 20:30 - 21:30             | The SwimFit Programme         | Swimming Pool |