


# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 02/05/2024

Times for Monday 24 July			
Time	Session	Facility	
07:00 - 09:30	Adults Only	Swimming Pool	
09:30 - 10:30	The SwimFit Programme	Swimming Pool	
12:00 - 13:00	Public Swimming	Swimming Pool	
15:00 - 16:00	Ladies and Lady members	Swimming Pool	
16:00 - 20:00	Public Swimming	Swimming Pool	
16:00 - 20:30	Swimming Lessons	Swimming Pool	
20:30 - 21:30	The SwimFit Programme	Swimming Pool	