

Garstang Swimming Timetable

Ymca (Garstang Swimming Centre)

Accurate as of 17/05/2025

Times for Thursday 16 August



Time	Session	Facility
08:00 - 09:30	Adult Members and Adults only	Swimming Pool
09:30 - 10:00	Parents and Babies	Swimming Pool
10:00 - 10:45	Aqua Aerobics	Swimming Pool
11:00 - 13:15	Public Swimming	Swimming Pool
13:30 - 14:30	Fun Swim	Swimming Pool
14:45 - 19:30	Public Swimming	Swimming Pool
16:00 - 20:00	Swimming Lessons	Swimming Pool
19:30 - 20:30	Adult Members and Adults only	Swimming Pool
20:00 - 20:30	Junior Swim Fit	Swimming Pool
20:30 - 21:30	The SwimFit Programme	Swimming Pool