

# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 28/04/2024

### Times for Friday 24 August



Time	Session	Facility
07:00 - 09:00	Adult Members and Adults only	Swimming Pool
09:00 - 10:00	The SwimFit Programme	Swimming Pool
10:00 - 13:15	Public Swimming	Swimming Pool
13:30 - 14:30	Fun Swim	Swimming Pool
15:00 - 16:00	Adult Members and Adults only	Swimming Pool