

# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 06/05/2024

### Times for Friday 22 February



| Time          | Session                       | Facility      |
|---------------|-------------------------------|---------------|
| 07:00 - 09:00 | Adult Members and Adults only | Swimming Pool |
| 09:00 - 10:00 | The SwimFit Programme         | Swimming Pool |
| 10:00 - 13:15 | Public Swimming               | Swimming Pool |
| 13:30 - 14:30 | Fun Swim                      | Swimming Pool |
| 15:00 - 16:00 | Adults Only                   | Swimming Pool |