


# Fitness Classes

## The Venue

Accurate as of 04/05/2024

Times for Friday 29 June			
Time	Session	Facility	
09:20 - 10:20	Pilates	Studio 1	
10:30 - 11:30	Yoga	Studio 1	
12:05 - 12:50	Aqua Aerobics	Teaching Pool (12.5m)	