

Rivers Group Exercise

Evesham Leisure Centre

Accurate as of 26/04/2024

Times for Tuesday 23 October



Time	Session	Facility
09:30 - 10:30	PiYo	Studio 2
10:00 - 11:00	Tight Assets	Main Hall
10:30 - 11:30	Riverlution	Studio 2
12:30 - 13:15	Aqua Circuits	Studio Pool (12.0m)
18:00 - 19:00	Riverlution	Studio 2
19:00 - 20:00	Blast fx	Studio 2
19:00 - 20:00	Total Tone	Main Hall
20:00 - 21:00	Les Mills BODYPUMP™	Studio 2