

# Rivers Group Exercise

## Evesham Leisure Centre

Accurate as of 19/04/2024

### Times for Wednesday 24 October



Time	Session	Facility
10:30 - 11:30	Zumba	Main Hall
10:30 - 11:30	Les Mills BODYPUMP™	Studio 2
17:00 - 18:00	Circuits	Main Hall
18:00 - 19:00	Circuits	Main Hall
18:00 - 19:00	Strength & Grace	Studio 2
19:00 - 20:00	Zumba	Main Hall
19:00 - 20:00	Riverlution	Studio 2
19:30 - 20:15	H2O	Main Pool (25.0m)
20:00 - 21:00	Riverlution	Studio 2
20:15 - 21:00	Aqua Circuits	Studio Pool (12.0m)