

Rivers Group Exercise

Evesham Leisure Centre

Accurate as of 26/04/2024

Times for Thursday 25 October



| Time | Session | Facility |
|---------------|---------------------|-----------|
| 10:00 - 11:00 | Eazy Fit | Main Hall |
| 10:00 - 11:00 | Riverlution | Studio 2 |
| 11:00 - 12:00 | Tight Assets | Main Hall |
| 18:00 - 19:00 | Tight Assets | Main Hall |
| 18:00 - 19:00 | Les Mills BODYPUMP™ | Studio 2 |
| 19:00 - 20:00 | Circuits | Main Hall |
| 19:00 - 20:00 | Strength & Grace | Studio 2 |