

Rivers Group Exercise

Evesham Leisure Centre

Accurate as of 08/05/2024

Times for Sunday 28 October

| Time | Session | Facility |
|---------------|---------------------|----------|
| 08:00 - 09:00 | Riverlution | Studio 2 |
| 09:20 - 10:20 | Circuits | Studio 2 |
| 10:45 - 11:45 | Les Mills BODYPUMP™ | Studio 2 |