

Rivers Group Exercise

Evesham Leisure Centre

Accurate as of 23/04/2024

Times for Sunday 20 January



| Time | Session | Facility |
|---------------|---------------------|-----------|
| 08:15 - 09:15 | Riverlution | Studio 1 |
| 09:15 - 10:15 | Circuits | Main Hall |
| 10:15 - 11:15 | Les Mills BODYPUMP™ | Studio 1 |