


Leisurezone Swimming Timetable

Harlow Leisurezone

Accurate as of 04/05/2024

| Times for Monday 24 July | | |  |
|--------------------------|------------------------------------|--------------|---|
| Time | Session | Facility | |
| 07:00 - 21:00 | Public Swim | Main Pool | |
| 09:00 - 10:30 | Beginners Crash Course (Half Pool) | Learner Pool | |
| 09:30 - 10:30 | Public Swim (Half Pool) | Learner Pool | |
| 10:00 - 10:45 | AquaFit (Half Pool) | Main Pool | |
| 10:30 - 12:00 | Public Swim | Learner Pool | |
| 12:00 - 13:00 | Public Swim (Half Pool) | Learner Pool | |
| 13:00 - 16:00 | Public Swim | Learner Pool | |
| 15:00 - 16:00 | Schools (2 lanes) | Main Pool | |
| 16:00 - 18:00 | Children's Lessons (Half Pool) | Main Pool | |
| 16:00 - 18:00 | Children's Lessons (Whole Pool) | Learner Pool | |