

Robin Park Sports Centre: Exercise classes

Robin Park Leisure Centre

Accurate as of 04/05/2024

Times for Thursday 18 January



Time	Session
09:30 - 10:30	Yogalates
11:00 - 12:00	Low Circuit
11:00 - 13:00	Racket Sports
11:00 - 13:00	Racket Sports
17:15 - 18:00	BODYCOMBAT
18:15 - 19:00	Body Pump®
19:15 - 20:15	Yoga