

# Robin Park Sports Centre: Exercise classes

## Robin Park Leisure Centre

Accurate as of 03/05/2024

### Times for Monday 16 July



Time	Session
09:15 - 10:15	Low Aerobics
17:00 - 17:30	CXWORX
17:30 - 18:15	Body Attack
18:30 - 19:30	Aeromix (14yrs+)
19:30 - 20:15	BODYPUMP (Virtual)