

# Robin Park Sports Centre: Exercise classes

## Robin Park Leisure Centre

Accurate as of 03/05/2024

### Times for Thursday 19 July



| Time          | Session       |
|---------------|---------------|
| 09:30 - 10:30 | Yogalates     |
| 11:00 - 12:00 | Low Circuit   |
| 11:00 - 13:00 | Racket Sports |
| 11:00 - 13:00 | Racket Sports |
| 17:15 - 18:00 | BODYCOMBAT    |
| 18:15 - 19:00 | Body Pump®    |
| 19:15 - 20:15 | Yoga          |