

Robin Park Sports Centre: Exercise classes

Robin Park Leisure Centre

Accurate as of 03/05/2024

Times for Monday 26 August



Time	Session
09:30 - 10:15	Body Pump
09:30 - 10:30	RPM
10:30 - 11:15	Body Attack
12:00 - 13:00	Indoor Bowls
12:15 - 12:45	GRIT Virtual Cardio
12:30 - 13:00	TeamBeats
14:00 - 14:45	RPM (Virtual)
15:15 - 15:45	BARRE Virtual