Hindley Leisure Centre: Exercise Classes Hindley Pool and Leisure Centre

Accurate as of 27/04/2024

Times for Thursday 26 October (S)	
Time	Session
11:45 - 12:45	Pilates
18:00 - 19:00	SH'BAM
18:30 - 19:00	GRIT Strength
19:00 - 19:30	GRIT Cardio