Hindley Leisure Centre: Exercise Classes

Hindley Pool and Leisure Centre

Accurate as of 29/04/2024

Times for Monday 30 October

Time	Session
11:45 - 12:45	Pilates
13:00 - 14:00	Low Aerobics
17:00 - 17:30	GRIT Strength
19:20 - 20:05	Body Pump