

# Wigan Life Centre: Exercise classes

## Wigan Life Centre

Accurate as of 23/04/2024

### Times for Sunday 2 July



Time	Session
08:30 - 09:30	BODYBALANCE (Virtual)
10:30 - 11:30	BODYBALANCE (Virtual)
12:30 - 13:30	BODYBALANCE (Virtual)
14:30 - 15:30	BODYBALANCE (Virtual)