

Wigan Life Centre: Exercise classes

Wigan Life Centre

Accurate as of 20/04/2024

Times for Sunday 29 October



| Time | Session |
|---------------|-----------------------|
| 08:00 - 17:00 | Studio closed |
| 08:30 - 09:30 | BODYBALANCE (Virtual) |
| 10:30 - 11:30 | BODYBALANCE (Virtual) |
| 12:30 - 13:30 | BODYBALANCE (Virtual) |
| 14:30 - 15:30 | BODYBALANCE (Virtual) |