

# Wigan Life Centre: Exercise classes

## Wigan Life Centre

Accurate as of 23/04/2024

### Times for Saturday 22 December



Time	Session
08:00 - 17:00	Studio closed
08:00 - 17:00	Studio closed
08:00 - 17:00	Studio closed
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08:00 - 17:00	Studio closed
08:00 - 17:00	Studio closed
08:00 - 17:00	Studio closed
08:30 - 09:30	BODYBALANCE (Virtual)
08:45 - 09:45	BODYCOMBAT (Virtual)
10:00 - 10:45	RPM (Virtual)
10:15 - 10:45	BODYBALANCE (Virtual)
11:00 - 11:30	CXWORX (Virtual)
11:00 - 12:00	BODYPUMP (Virtual)
12:00 - 13:00	BODYBALANCE (Virtual)
14:00 - 15:00	BODYBALANCE (Virtual)