

Wigan Life Centre: Exercise classes

Wigan Life Centre

Accurate as of 30/04/2024

Times for Thursday 27 December



Time	Session
10:00 - 10:45	RPM (Virtual)
10:00 - 11:00	BODYBALANCE (Virtual)
11:00 - 12:00	BODYPUMP (Virtual)
11:15 - 11:45	CXWORX (Virtual)
12:15 - 13:15	BODYCOMBAT (Virtual)
12:30 - 13:30	BODYBALANCE (Virtual)