

Wigan Life Centre: Exercise classes

Wigan Life Centre

Accurate as of 30/04/2024

Times for Friday 28 December



Time	Session
09:00 - 10:00	BODYCOMBAT (Virtual)
09:00 - 10:00	BODYBALANCE (Virtual)
10:15 - 10:45	CXWORX (Virtual)
10:15 - 11:00	RPM (Virtual)
11:15 - 12:15	BODYPUMP (Virtual)
11:30 - 12:30	BODYBALANCE (Virtual)