

Wigan Life Centre: Exercise classes

Wigan Life Centre

Accurate as of 29/04/2024

Times for Saturday 29 December



Time	Session
08:30 - 09:30	BODYBALANCE (Virtual)
08:45 - 09:45	BODYCOMBAT (Virtual)
10:00 - 10:45	RPM (Virtual)
10:15 - 10:45	BODYBALANCE (Virtual)
11:00 - 12:00	BODYPUMP (Virtual)
11:00 - 12:30	CXWORX (Virtual)
12:00 - 13:00	BODYBALANCE (Virtual)
14:00 - 15:00	BODYBALANCE (Virtual)