Wigan Life Centre: Exercise classes

Wigan Life Centre

Accurate as of 12/10/2024

Times for Sunday 20 January

Time	Session
08:00 - 17:00	Studio closed
08:00 - 17:00	Studio closed
08:00 - 17:00	Studio closed
08:00 - 17:00	Studio closed
08:00 - 19:00	Studio closed
08:30 - 09:30	BODYBALANCE (Virtual)
10:00 - 10:45	Couch to 5k Run Group
10:30 - 11:30	BODYBALANCE (Virtual)
12:30 - 13:30	BODYBALANCE (Virtual)
14:30 - 15:30	BODYBALANCE (Virtual)