

# Swim Timetable

## Courtown Adventure & Leisure Centre

Accurate as of 05/05/2024

| Times for Monday 23 April |                                    |          |  |
|---------------------------|------------------------------------|----------|---|
| Time                      | Session                            | Facility |   |
| 09:00 - 09:45             | Main Pool Public Swimming only     | Pool     |   |
| 09:00 - 09:45             | Main Pool Public Swimming only     | Pool     |   |
| 09:00 - 09:45             | Limited Public Swim                | Pool     |   |
| 09:00 - 09:45             | Limited Adult Members Swim         | Pool     |   |
| 09:00 - 10:00             | Main Pool Public Swimming only     | Pool     |   |
| 09:00 - 11:00             | Summer Intensive Swimming Lessons  | Pool     |   |
| 09:00 - 11:00             | Summer Intensive Swimming Lessons  | Pool     |   |
| 09:00 - 11:00             | Summer Intensive Swimming Lessons  | Pool     |   |
| 09:00 - 11:00             | Children's Swim Academy            | Pool     |   |
| 09:00 - 11:00             | Children's Swim Academy            | Pool     |   |
| 10:00 - 11:00             | School Swimming Lessons            | Pool     |   |
| 10:00 - 11:00             | School Swimming Lessons            | Pool     |   |
| 10:00 - 11:00             | Children's Swim Academy            | Pool     |   |
| 10:00 - 11:00             | Children's Swim Academy            | Pool     |   |
| 10:00 - 11:00             | Children's Swim Academy            | Pool     |   |
| 11:00 - 11:45             | Aqua Fit                           | Pool     |   |
| 11:15 - 18:00             | Public Swimming                    | Pool     |   |
| 12:00 - 18:15             | Public Swimming                    | Pool     |   |
| 15:00 - 16:00             | School Swimming Lessons            | Pool     |   |
| 20:00 - 20:45             | Aqua Fit (Members Lane Available)  | Pool     |   |
| 20:00 - 20:45             | Learner Pool Public (Members only) | Pool     |   |