

# Swim Timetable

## Courtown Adventure & Leisure Centre

Accurate as of 17/05/2025

### Times for Monday 22 October



Time	Session	Facility
09:00 - 09:45	Main Pool Public Swimming only	Pool
09:00 - 09:45	Main Pool Public Swimming only	Pool
09:00 - 09:45	Limited Public Swim	Pool
09:00 - 09:45	Limited Adult Members Swim	Pool
09:00 - 10:00	Main Pool Public Swimming only	Pool
09:00 - 11:00	Summer Intensive Swimming Lessons	Pool
09:00 - 11:00	Summer Intensive Swimming Lessons	Pool
09:00 - 11:00	Summer Intensive Swimming Lessons	Pool
09:00 - 11:00	Children's Swim Academy	Pool
09:00 - 11:00	Children's Swim Academy	Pool
10:00 - 11:00	School Swimming Lessons	Pool
10:00 - 11:00	School Swimming Lessons	Pool
10:00 - 11:00	Children's Swim Academy	Pool
10:00 - 11:00	Children's Swim Academy	Pool
10:00 - 11:00	Children's Swim Academy	Pool
11:00 - 11:45	Aqua Fit	Pool
11:15 - 18:00	Public Swimming	Pool
12:00 - 18:15	Public Swimming	Pool
15:00 - 16:00	School Swimming Lessons	Pool
20:00 - 20:45	Aqua Fit (Members Lane Available)	Pool
20:00 - 20:45	Learner Pool Public (Members only)	Pool