

# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 20/04/2024

### Times for Wednesday 25 October



Time	Session	Facility
07:15 - 09:00	Casual Swim	Large Pool
09:00 - 09:30	Holiday Crash Course	Small Pool
09:00 - 10:00	Active Holiday Camp	Large Pool
10:00 - 10:30	Parent and Child	Small Pool
10:00 - 11:00	Aqua Aerobics	Large Pool
10:30 - 11:30	Family Swim	Small Pool
11:00 - 14:30	Casual Swim	Large Pool
11:30 - 12:00	Swim Tots	Small Pool
12:00 - 15:30	Family Swim	Small Pool
14:30 - 15:30	Fun & Floats	Large Pool
15:45 - 18:15	Swimming Lessons	Small Pool
16:00 - 18:00	Swimming Lessons	Large Pool
18:00 - 19:30	Casual Swim	Large Pool
18:15 - 20:00	Family Swim	Small Pool
19:30 - 21:00	Ladies Only	Large Pool
20:15 - 21:00	Aqua Aerobics	Small Pool
21:00 - 22:00	Lane Swimming	Large Pool