


# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 11/05/2024

Times for Thursday 19 July			
Time	Session	Facility	
06:30 - 07:30	Lane Swimming	Large Pool	
07:30 - 09:00	Casual Swim	Large Pool	
09:00 - 12:00	School use only	Large Pool	
09:00 - 12:00	School use only	Small Pool	
12:00 - 13:00	Casual Swim	Large Pool	
12:15 - 13:00	Aqua Aerobics	Small Pool	
13:00 - 14:50	School use only	Large Pool	
14:50 - 15:20	Adult Swimming Lesson	Large Pool	
16:00 - 18:00	Swimming Lessons	Large Pool	
16:00 - 18:00	Swimming Lessons	Small Pool	
18:00 - 19:00	Family Swim	Small Pool	
18:00 - 19:30	Casual Swim	Large Pool	
19:30 - 21:30	Swim Club	Large Pool	
20:15 - 21:00	Aqua Aerobics	Small Pool	