


# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 30/04/2024

| Times for Friday 26 July |   |            |  |
|--------------------------|---|------------|---|
| Time                     | Session                                 | Facility   |   |
| 08:00 - 10:00            | Adults Only Swim                        | Large Pool |   |
| 09:30 - 10:00            | Parent and Child                        | Small Pool |   |
| 10:00 - 11:00            | Holiday Crash Course                    | Small Pool |   |
| 10:15 - 11:15            | Twin Track Inflatable Session (8-14yrs) | Large Pool |   |
| 11:00 - 14:30            | Family Swim                             | Small Pool |   |
| 11:30 - 14:45            | Casual Swim                             | Large Pool |   |
| 14:30 - 15:30            | Fun & Floats                            | Small Pool |   |
| 14:50 - 15:40            | Low Aqua                                | Large Pool |   |
| 16:00 - 17:30            | Swimming Lessons                        | Large Pool |   |
| 16:00 - 18:00            | Swimming Lessons                        | Small Pool |   |
| 17:30 - 19:00            | Casual Swim                             | Large Pool |   |
| 18:15 - 20:00            | Family Swim                             | Small Pool |   |
| 20:00 - 21:00            | Lane Swimming                           | Large Pool |   |