## Ashton Leisure Centre: Pool sessions Ashton Leisure Centre

Accurate as of 18/05/2024

| Times for Wednesday 20 November |                         |            |
|---------------------------------|-------------------------|------------|
| Time                            | Session                 | Facility   |
| 06:30 - 07:30                   | Lane Swimming           | Large Pool |
| 07:30 - 10:00                   | Casual Swim             | Large Pool |
| 09:00 - 11:30                   | School use only         | Small Pool |
| 10:15 - 11:00                   | Aqua Aerobics           | Large Pool |
| 11:00 - 13:00                   | Casual Swim             | Large Pool |
| 11:30 - 12:00                   | Parent and Child Lesson | Small Pool |
| 12:00 - 13:00                   | Family Swim             | Small Pool |
| 13:10 - 14:50                   | School use only         | Small Pool |
| 13:10 - 14:50                   | School use only         | Large Pool |
| 14:50 - 15:40                   | Family Swim             | Small Pool |
| 15:45 - 18:15                   | Swimming Lessons        | Small Pool |
| 16:00 - 18:30                   | Swimming Lessons        | Large Pool |
| 18:15 - 20:00                   | Family Swim             | Small Pool |
| 18:30 - 20:00                   | Casual Swim             | Large Pool |
| 20:00 - 21:00                   | Ladies Only             | Large Pool |
| 20:15 - 21:00                   | Aqua Aerobics           | Small Pool |
| 21:00 - 22:00                   | Lane Swimming           | Large Pool |
| 21:00 - 22:00                   | Lane Swimming           | Large Pool |