

# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 05/05/2024

Times for Wednesday 29 January



Time	Session	Facility
06:30 - 07:30	Lane Swimming	Large Pool
07:30 - 10:00	Casual Swim	Large Pool
09:00 - 11:30	School use only	Small Pool
10:15 - 11:00	Aqua Aerobics	Large Pool
11:00 - 13:00	Casual Swim	Large Pool
11:30 - 12:00	Parent and Child Lesson	Small Pool
12:00 - 13:00	Family Swim	Small Pool
13:10 - 14:50	School use only	Small Pool
13:10 - 14:50	School use only	Large Pool
14:50 - 15:40	Family Swim	Small Pool
15:45 - 18:15	Swimming Lessons	Small Pool
16:00 - 18:30	Swimming Lessons	Large Pool
18:15 - 20:00	Family Swim	Small Pool
18:30 - 20:00	Casual Swim	Large Pool
20:00 - 21:00	Ladies Only	Large Pool
20:15 - 21:00	Aqua Aerobics	Small Pool
21:00 - 22:00	Lane Swimming	Large Pool
21:00 - 22:00	Lane Swimming	Large Pool