Ashton Leisure Centre: Pool sessions

Ashton Leisure Centre

Accurate as of 12/10/2024

Times for Monday 30 March

Time	Session	Facility
06:30 - 07:30	Adults Only Swim	Large Pool
07:30 - 09:30	Casual Swim	Large Pool
09:00 - 09:30	Swim Tots	Small Pool
09:30 - 10:00	Swim Tots	Small Pool
09:30 - 10:00	Parent and Child Lesson	Large Pool
10:00 - 11:30	School use only	Large Pool
10:00 - 12:00	School use only	Small Pool
11:45 - 13:00	Casual Swim	Large Pool
12:15 - 13:00	Aqua Aerobics	Small Pool
13:10 - 14:40	School use only	Small Pool
13:10 - 14:50	School use only	Large Pool
14:50 - 15:20	Adult Swimming Lesson	Large Pool
14:50 - 15:40	Family Swim	Small Pool
14:50 - 15:50	Casual Swim (Half Pool)	Large Pool
15:45 - 18:15	Swimming Lessons	Small Pool
16:00 - 17:30	Swimming Lessons	Large Pool
17:30 - 19:00	Casual Swim	Large Pool
18:15 - 20:00	Family Swim	Small Pool
19:00 - 20:00	Swim Club	Large Pool
20:00 - 21:00	Ladies Only	Large Pool
20:15 - 21:00	Aqua Aerobics	Small Pool

Time	Session	Facility
21:00 - 22:00	Lane Swimming	Large Pool