Ashton Leisure Centre: Exercise classes Ashton Leisure Centre

Accurate as of 03/05/2024

Times for Wednesday 25 October		©
Time	Session	
17:00 - 17:30	GRIT Cardio (Cancelled)	
17:40 - 18:10	GRIT Plyo (Cancelled)	
18:20 - 18:50	CXWORX (Cancelled)	
20:05 - 20:55	Zumba (14yrs+)	