## Pool programme at Leigh Leigh Leisure Centre

## Accurate as of 28/04/2024

Times for Wednesday 29 May		
Time	Session	Facility
07:00 - 09:30	Casual Swim with Lanes	Swimming Pool
09:30 - 10:00	Stroke Improver	Swimming Pool
09:30 - 10:00	Swim Tots	Swimming Pool
10:00 - 12:00	Swimming Lesson 1 to 1	Swimming Pool
10:00 - 12:00	Distance Awards	Swimming Pool
10:00 - 13:15	Casual Swim	Swimming Pool
13:15 - 14:15	Fun & Floats	Swimming Pool
14:30 - 15:30	Pool Inflatable Session (8-14yrs)	Swimming Pool
16:00 - 18:00	Swimming Lessons	Swimming Pool
18:00 - 20:00	Casual Swim (Restricted Lanes)	Swimming Pool
20:00 - 20:45	Aqua Aerobics	Swimming Pool
21:00 - 22:00	Lane Swimming	Swimming Pool