

Danes Camp Leisure Pool

Danes Camp Leisure Centre

Accurate as of 28/04/2024

Times for Friday 24 August



| Time | Session |
|---------------|---|
| 06:45 - 09:00 | Early Bird Swim (14+) Shared with crash courses |
| 09:00 - 11:00 | Infant & Pre School Swim Lessons |
| 11:00 - 12:00 | Aqua Aerobics 14+ |
| 12:00 - 15:45 | General Swimming |
| 16:00 - 19:00 | Trilogy Swim School & Rookie Lifeguard Course |
| 19:15 - 20:30 | Disco Splash (8-16 year only) |