

Danes Camp Leisure Pool

Danes Camp Leisure Centre

Accurate as of 19/04/2024

Times for Monday 18 February



Time	Session
06:15 - 09:00	Early Bird Swim (14+) Shared with crash courses
09:00 - 10:30	Family Friendly Peak (shared with Swim Camp)
10:30 - 11:30	Aqua Aerobics 14+
11:30 - 20:15	General Swimming
20:15 - 21:00	Aqua Aerobics 14+
21:00 - 22:00	LifeGuard Training