Lings Forum Swimming Timetable

Lings Forum Leisure Centre

Accurate as of 12/10/2024

Times for Tuesday 25 July

Time	Session
06:45 - 09:00	old not in use Swim (Lanes 14+)
09:00 - 11:45	Swim Camps
10:30 - 11:30	Trilogy Swim School
14:30 - 15:45	Wet 'n' Wild (8-16 yrs only *see criteria)
16:00 - 18:00	Trilogy Swim School
18:00 - 20:00	General Swim
20:00 - 21:00	Old not in use Evening Swim (Lanes 14+)
21:00 - 21:45	Water Works (Aqua Aerobics) 14+