

Lings Forum Swimming Timetable

Lings Forum Leisure Centre

Accurate as of 14/05/2024

Times for Sunday 30 July



Time

Session

08:00 - 12:00

Trilogy Swim School

11:00 - 17:00

General Swim (Lessons 11am-12noon, half pool available)

17:15 - 19:30

Adult Swimming Lessons