

Lings Forum Swimming Timetable

Lings Forum Leisure Centre

Accurate as of 06/05/2024

Times for Sunday 19 August



Time	Session
08:00 - 12:00	Trilogy Swim School
11:00 - 17:00	General Swim (Lessons 11am-12noon, half pool available)
17:15 - 19:30	Adult Swimming Lessons