## **Lings Forum Swimming Timetable Lings Forum Leisure Centre**

Accurate as of 23/04/2024

Times for Wednesday 22 August	
Time	Session
06:45 - 09:00	old not in use Swim (Lanes 14+)
09:00 - 10:00	Swim Camps
10:00 - 11:00	Playscheme - not open to public
11:00 - 15:45	General Swim
16:00 - 19:00	Trilogy Swim School
19:00 - 21:00	General Swim