

Lings Forum Swimming Timetable

Lings Forum Leisure Centre

Accurate as of 10/04/2024

Times for Tuesday 19 February

Time	Session
06:45 - 09:00	old not in use Swim (Lanes 14+)
09:00 - 10:00	Swim Camps
10:30 - 11:30	Trilogy Swim School
11:45 - 13:00	old not in use General Swim (1 lane for training 1145-1300)
13:30 - 15:30	#SPLASH(0-16yrs)
16:00 - 18:00	Trilogy Swim School
18:00 - 20:00	General Swim
20:00 - 21:00	Old not in use Evening Swim (Lanes 14+)