## **Lings Forum Swimming Timetable Lings Forum Leisure Centre**

Accurate as of 28/04/2024

Times for Monday 1 April	•
Time	Session
09:30 - 10:15	Aqua 14+
10:15 - 11:00	Aqua 14+
11:45 - 12:45	General Swim Peak
13:00 - 14:00	General Swim Peak
14:15 - 15:15	General Swim Peak