

Lings Forum Swimming Timetable

Lings Forum Leisure Centre

Accurate as of 09/05/2024

Times for Wednesday 3 April	
Time	Session
06:30 - 07:45	11+ Fitness Swim
08:00 - 09:00	11+ Fitness Swim
09:30 - 10:15	Playscheme - not open to public
10:30 - 11:30	Swim Camps
11:45 - 12:45	General Swim Peak
13:00 - 14:00	General Swim Peak
14:15 - 15:15	General Swim Peak
15:30 - 16:00	Swim Camps
19:15 - 20:00	General Swim Peak
20:00 - 21:00	11+ Fitness Swim Peak