

Mounts Baths Swimming Timetable

Mounts Baths Leisure Centre

Accurate as of 17/05/2024

Times for Friday 28 December			
Time	Session	Facility	
07:00 - 09:00	Early Bird Swim (14+ yrs)	Main Pool 30m	
09:00 - 10:00	General Swim	Main Pool 30m	
10:00 - 11:00	Age Concern Aqua Aerobics	Main Pool 30m	
10:00 - 11:30	Family Friendly Swim (no unaccompanied children)	Toddler Pool 20m	
11:00 - 12:00	50+ Swim no longer used	Main Pool 30m	
12:00 - 13:30	old - no longer in use Lunchtime Lane Swim 14+	Main Pool 30m	
13:30 - 18:00	General Swim	Main Pool 30m	
14:00 - 17:00	Family Friendly Swim (no unaccompanied children)	Toddler Pool 20m	
18:00 - 21:00	Northampton Swim Club	Main Pool 30m	
20:30 - 22:00	Northampton Canoe Club	Toddler Pool 20m	
21:00 - 22:00	Northampton Canoe Club	Main Pool 30m	