


Mounts Baths Swimming Timetable

Mounts Baths Leisure Centre

Accurate as of 01/05/2024

Times for Thursday 18 April			
Time	Session	Facility	
07:00 - 08:00	11+ Fitness Swim	Main Pool 30m	
08:15 - 09:15	11+ Fitness Swim	Main Pool 30m	
09:30 - 10:30	Family Friendly Swim	Toddler Pool 20m	
10:30 - 11:30	50+ Fitness Swim	Main Pool 30m	
11:45 - 13:00	11+ Fitness Swim	Main Pool 30m	
14:30 - 15:45	11+ Fitness Swim	Main Pool 30m	
16:00 - 18:30	General Swim Peak (shared with lessons)	Main Pool 30m	
16:00 - 18:45	Trilogy Swim School	Main Pool 30m	
16:00 - 19:00	Trilogy Swim School	Toddler Pool 20m	
19:15 - 20:00	Aqua Aerobics (Shallow) 14+	Main Pool 30m	
20:00 - 20:45	Aqua Deep 14+	Main Pool 30m	