

# Lings Forum Studio Timetable

## Lings Forum Leisure Centre

Accurate as of 11/04/2024

| Times for Sunday 4 June |           |              |            |
|-------------------------|-----------|--------------|------------|
| Time                    | Session   | Facility     | Instructor |
| 10:30 - 11:15           | H.I.I.T45 | Dance Studio | Eleanor    |